

## Mental Health in the African American Community

- African American men and women are more likely to experience mental health problems than the general population.
- African American men and women are less likely to seek help for mental health problems.
- African American men and women are less likely to receive appropriate mental health care.

### About Chester L. Wilson, EdD

Dr. Chester L. Wilson is a professor of psychology and director of the Center for the Study of African American Mental Health at the University of North Carolina at Chapel Hill.

He has published numerous articles and books on the mental health of African Americans. His most recent book, *Mental Health in the African American Community*, was published in 2011. He is also the co-author of the book *Mental Health in the African American Community: A Handbook for Professionals*, published in 2008. Dr. Wilson is also the co-author of the book *Mental Health in the African American Community: A Handbook for Professionals*, published in 2008.

He has also served as the director of the Center for the Study of African American Mental Health at the University of North Carolina at Chapel Hill. He is currently a professor of psychology and director of the Center for the Study of African American Mental Health at the University of North Carolina at Chapel Hill.

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