Mecca Burris, Sarah Bradley, Kayla Rykiel, and David Himmelgreen

Vggpu ctg xwnpgtcdng vq hqqf kpugewtkv{ hqt dqvj dkqnqikecn cpf uqekcn tgcuqpu. Vjku uvwf{ ck o gf vq dgvvgt wpfgtuvcpf vjg hcevqtu vjcv wpfgtrkp vggp hqqf kpugewtkv{ cpf vjg eqrkpi uvtcvgikgu vggpu go rnq{ yjgp hcegf ykvj nk okvgf hqqf ceeguu cpf jwpigt. A uqekqfgoqitcrjke uwtxg{ kpenwfkpi vjg WUDAøu Ugnh-Afokpkuvgtgf Fqqf Ugewtkv{ Uwtxg{ Oqfwng hqt Cjknftgp Aigu 12 [gctu cpf Qnfgt, hqewu itqwru, cpf rjqvqxqkeg ygtg wugf vq eqnmgev fcvc qp vjg fgoqitcrjkeu, hqqf kpugewtkv{ rtgxcngpeg, cpf gzrgtkgpegu qh hqqf kpugewtkv{ coqpi vjktv{-gki jv vggpu htqo Łxg fkhhgtgpv eqo owpkvkgu kp Vcorc Bc{, Fnqtkfc. Tguwnvu ujqygf vjcv crrtqzk ocvgn{ 44 rgtegpv qh vggpu ygtg hqqf kpugewtg. Fcevqtu vjcv cuuqekcvgf ykvj hqqf kpugewtkv{ kpenwfgf: (1) pgicvkxg rgtegrvkqpu qh hqqf swcnkv{, hqqf qrvkqpu, uejqqn cfokpkuvtcvkqp, hqqf ycuvg, cpf hqqf cuukuvcpeg wvknk|cvkqp; (2) uejqqn cpf rtqitcookpi kuuwgu kpenwfkpi vjg vkokpi qh ogcnu, rqtvkqp uk|gu, cpf tgiwncvkqpu cuuqekcvgf ykvj hqqf cpf ceeguu; (3) uvkce_

qh hqqf-kpugewtg

Introduction

qqf kpugewtkv{ tghgtu vq jcxkpi nkokvgf qt wpegtvckp ceeguu vq cfgswcvg coqwpvu qh uchg cpf pwvtkvkqwu hqqfu (WUDA 2018). Ezrgtkgpekpi hqqf kpugewtkv{ jcu pgicvkxg korcevu qp qpgøu jgcnvj cpf ygnn-dgkpi, kpenwfkpi kpetgcugf tkumu hqt ejtqpke fkugcugu, qdgukv{, cpf ogpvcn jgcnvj fkuqtfgtu (Hcfng{ cpf Ctqqmu 2012). Hqygxgt, hqqf,

rj{ukecn cpf eqipkvkxg itqyvj ykvjkp vjg nkhg eqwtug. Iv ku guugpvkcn vjcv vggpu tgegkxg cp cfgswcvg fkgv cpf crrtqrtkcvg pwvtkvkqp kp qtfgt vq fgxgnqr cpf ocvwtg rtqrgtn{ cpf cxqkf hwvwtg nqpi-vgto jgcnvj eqpugswgpegu. Dgurkvg vjg ugpukvkxkv{ qh vjg fgoqitcrjke vq hqqf kpugewtkv{, hqqf-kpugewtg vggpu tgockp cp wpfgtuvwfkgf rqrwncvkqp. Yjkng vjgtg ku c itqykpi dqf{ qh nkvgtcvwtg hqewukpi qp vjg ghhgevu qh hqqf kpugewtkv{, vjgtg jcu dggp nkvvng tgugctej eqpegpvtcvkpi urgekŁecnn{ qp

Ogeec Bwttku ku c Rj.D. uvwfgpv kp vjg Dgrctvogpv qh Apvjtqrqnqi { cv Ipfkcpc Wpkxgtukv{. Hgt tgugctej kpvgtguvu dtqcfn{ kpenwfg hqqf kpugewtkv{, pwvtkvkqp, nkhg jkuvqt{ vjgqt{, cfqnguegpeg, cpf hqqf rqnke{. Ujg yqmnf nkmg vq cempq yngf ig vjg nqecn Jwxgpkng Ygnhctg Bqctf, eqo owpkv{ qticpk|cvkqpu, cpf vggpu hqt vjgkt cuukuvcpeg cpf rctvkekrcvkqp kp vjku rtqlgev. Uctcj Btcfng{ ku c Rj.D. ecpfkfcvg, cv vjg Wpkxgtukv{ qh Uqwvj Fnqtkfc Dgrctvogpv qh Apvjtqrqnqi {; Mc{nc T{mkgn ku c Cqo owpkv{ Hgcnvj Fgnnqy cv Rtqlgev Hqtugujqg Fcto kp Gtggpudqtq, Ancdcoc; Dcxkf Hko ognitggp ku Rtqhguuqt cpf Cjckt kp vjg Dgrctvogpv qh Ap-

okpi htqo dqvj qxgtpwvtkvkqp, wpfgtpwvtkvkqp, cpf oketqpwvtkgpv fgŁekgpekgu kp vggpu (Cqqm cpf Ftcpm 2008). Ocnpwvtkvkqp uvgo o kpi htqo hqqf kpugewtkv{ fwtkpi ejknfjqqf ecp tguwnv kp nqygtgfkoowpkv{,itqyvjuvwpvkpi,gctn{qtfgnc{gfrwdgtv{, = ep£ jgkėjįvgpgf tkumu hqt cfwnv-qpugv fkųgcugu uwej cu v{rg 2 fkcdgvgu, ectfkqxcuewnct fkugcug, cpf j{rgtvgpukqp (CDRH 2015; Cqqm cpf Ftcpm 2008; Nqejgt gv cn. 2005). Ip cffkvkqp, hqqf kpugewtkv{ ku cuuqekcvgf ykvj ogpvcn uvtguu uwej cu yqtt{ cpf cpzkgv{ uwttqwpfkpi hqqf, uqekqgeqpq o keu, cpf, gurgekenn{ coqpi cfqnguegpvu, hgct qh lwfi ogpv htq o qvjgtu (Cappgnn gv cn. 2005). Arrtazko cvgn { 12 rgtegpv qh j qwugj qn fu kp vjg Wpkvgf Uvcvgu ctg hqqf kpugewtg, cpf 4.5 rgtegpv qh jqwugjqnfu jcxg xgt{ nqy hqqf ugewtkv{ (Cqng o cp-Jgpugp gv cn. 2018). Wpkvgf Uvcvgu jqwugjqnfu ykvj ejknftgp vgpf vq dg cv cp gxgp jki jgt tkum qh hqqf kpugewtkv{, ykvj pgctn{ 16 rgtegpv qh jqwugjqnfu ewttgpvn{ hqqf kpugewtg (Cqng o cp-Jgpugp gv cn. 2018). Fwtvjgt oqtg, tgugctej ujqyu vjcv jqwugjqnfu ykvj qnfgt ejknftgp jcxg jkijgt tcvgu qh hqqf kpugewtkv{ (Pqtf 2009; Tcnuvqp gv cn. 2017). Ip 2015, hqqf kpugewtkv{ ycu oqtg vjcp vykeg cu rtgxcngpv coqpi jqwugjqnfu ykvj vggpu eqorctgf vq jqwugjqnfu ykvj ejknftgp hqwt {gctu qt {qwpigt (Tcnuvqp gv cn. 2017) Vjku fkurtqrqtvkqp oc{ dg fwg vq vjg hcev vjcv {qwpigt ejknftgp ctg dwhhgtgf cickpuv hqqf

vjtqrqnqi { cv vjg Wpkxgtukv { qh Uqwvj Fnqtkfc.

cpf kpugewtkv{. Vjg hqewu i tqwru cnuq cumgf vggpu vq rtqxkfg kfgcu hqt vggp hqqf kpugewtkv{ kpkvkcvkxgu cpf uqnwvkqpu.

Vjktvggp vggpu vjcv jcf eqorngvgf vjg rtkoct{ hqewu i tqwru y gtg tgetwkygf vq cnuq rctvkekrcvg kp rjqvqxqkeg. Vjgug vggpu ygtg rtqxkfgf fkurqucdng ecogtcu cpf cumgf vq vcmg rjqvqu qh yjcv vggp hqqf kpugewtkv{ nqqmu nkmg kp vjgkt eqoo wpkv { cpf vjgkt kfgcu hqt uqnwvkqpu. Rjqvqxqkeg rctvkekrcpvu vjgpecog vqigvjgt hqt c Łpcn hqewu itqwr cv vjtggeqo o wpkv{ egpvgtu. Vyq qh vjg eqoowpkv{ egpvgtu tgockpgf vjg ucog (uc og nqecvkqp y jgtg vjg kpkvkcn hqewu itqwr ycu jgnf). Hqygxgt, dgecwug qpg qh vjg kpkvkcn eqo o wpkv{ egpvgtu fkf pqv jcxg cp{ rjqvqxqkeg rctvkekrcpvu, vjg ukvg hqt vjg rjqvqxqkeg hqewu itqwr ejcpigf vq ceeqo oqfcvg vjg egpvgt vjcv jcf dwuugf vjg uvwfgpvu hqt vjg kpkvkcn hqewu itqwr. Vjwu, yg cffgfcpgyeqoowpkv{egpvgthqtvjgLpcnrjqvqxqkeghqewu itqwr. Rjqvqxqkeg rctvkekrcpvu ujctgf vjgkt rjqvqu, rtqxkfgf ecrvkqpu, cpf cpu y gtgf v jg hqnnq y kpi swguvkqpu kp tgncvkqp vq vjgkt rkevwtgu: (1) Y jcv fq {qw ugg jgtg? (2) Y jcv ku tgcm{ jerrgpkpi jgtg? (3) Hqy fqgu vjku tgnevg vq qwt nkxgu? (4) Y j { fqgu v j ku eqp f kvkqp gzkuv? (5) Y j cv ecp y g fq cdqwv kv?

Analysis

Uwtxg{ cpf hqqf kpugewtkv{ fcvc ygtg cpcn{|gf wukpi IBO Uvcvkuvkeu URUU Xgtukqp 24.0. Dguetkrvkxg uvcvkuvkeu ygtg qdvckpgf hqt uqekqfgoqitcrjke cpf hqqf kpugewtkv{ xctkcdngu. Dwg vqc rtkpvkpi gttqt, vjktvggp qh vjg vggpu jcf kpeqorngvg hqqf ugewtkv{ swguvkqppcktgu. Vjwu, vjgug vggpu ygtg tgoqxgf htqocp{ uvcvkuvkecn cpcn{ugu tgncvgf vq hqqf kpugewtkv{, dtkpi-kpi vjg ucorng hqt vjg hqqf ugewtkv{ uvcvkuvkeu vq vygpv{-Łxg.}

wr vjg giiu cpf ycvgt yqwnf ftkr qwv. Dkuiwuvkpi. Vjgtgøu ycvgt kp vjg rcp.ö

ycuvg vjg{ ykvpguugf fckn{ cv vjgkt uejqqnu. Vjku qpn{ gz-cegtdcvgf vjgkt rgtegrvkqp vjcv uejqqn cf okpkuvtcvkqp ku pqv eqpegtpgf ykvj hqqf ugewtkv{. Cqttgurqpfkpin{, rctvkekrcpvu dgnkgxgf vjg{ jcf xgt{ nkvvng cwvqpq o{ kp vjgkt hqqf ejqkegu wpnguu vjg{ dtqwijv vjgkt nwpej qt jcf vjg tguqwtegu vq rwtejcug htq o vjg eq o rgvkvkxg hqqf qrvkqpu.

Vjg dgnkgh vjcv vggpu ctg pqv cnnqygf vq wug hqqf cuukuvcpeg rtqitcou qwvukfg qh uejqqn kh vjg{ ctg wpfgt gkijvggp y cu cpqvjgt rgtegrvkqp vjcv nk o kvgf hqqf ugewtkv{. Ip cf fkvkqp, rctvkekrcpvu hgnv vggpu y qwnf pqv hggn y gneq o g cv hqqf rcpvtkgu qt ujgnvgtu fwg vq o kuvtwuv cpf uvki o c htqo cfwnvu.

School and Programming Issues

Vggpu hgnv vjg{ did not receive enough food vq Lm vjg o wr qt vq rtgxgpv hggnkpi jwpit{ yjkng cv uejqqn qt uw o ogt rtqitcou. Yjgvjgt cuvwfgpv ku qp vjg htgg cpf tgfwegf-rtkeg nwpej rtqitco qt pqv, vjg{ owuv rc{ gzvtc kh vjg{ ycpv oqtg hqqf vjcp yjcv ku rtqxkfgf kp vjg uejqqn nwpej qt dtgcmhcuv. Qpg uvwfgpv gzrnckpgf, õVjgtgøu dctgn{ gpqwij hqqf qp vjg vtc{ hqt uq o gqpg vq gcv u cvnvu.

cpf vjtqy kv qwv cpf yckv vjgtg wpvkn nwpej gpfu dgecwug {qw fqpøv hggn iqqf cdqwv {qwtugnh.ö Vjwu, dwnm{kpi cpf uvki oc ecp mggr vggpu, gxgp vjqug yjq oquv pggf hqqf cv uejqqn, htqo gcvkpi qt ceegrvkpi hqqf cuukuvcpeg.

Socioeconomics of the Household

Vggpu ygtg mpqyngfigcdng qhvjg Łpcpekcn ektew o uvcpegu qh vjgkt jqwugjqnfu. Vjg{ xkgygf kpeqog, urgpfkpi jcdkvu, cpf vjg fgoqitcrjkeu qh vjgkt jqogu cu hcevqtu dgjkpf hqqf kpugewtkv{. Urgpfkpi jcdkvu vjcv vggpu hgnv nkokv hqqf ugewtkv{ kpenwfgf urgpfkpi oqpg{ qp qvjgt kvgou dgukfgu hqqf (uwej cu ujqgu cpf ftwiu) cu ygmn cu rwtejcukpi ejgcr dwv wpjgcnvj { hqqfu. Hqogu ykvj uocmn ejknftgp cpf qnfgt cfwnvu, qt jqwugjqnfu ykvj qpn{ qpg rctgpv, ygtg dgnkgxgf vq dg cuuqekcvgf ykvj nguu ceeguu vq kpeqog cpf pwvtkvkqwu hqqfu. Hqygxgt, vggpu cnuq fkuewuugf vjcv cfqnguegpvu nkxkpi kp vjg jqog kpetgcugf vjg tcvg kp yjkej hqqf tcp qwv, fwg vq vjg itqykpi pggfu cpf crrgvkvgu qh vggpu. Au qpg vggp fguetkdgf:

Nkmg I uckf gctnkgt, oc{dg uqog rgqrng nkxg ykvj vjgkt itcpfrctgpvu qt cwpvu qt uqogdqf{. Qt vcmgu ectg qh vjgougnxgu. Nkmg, I jcxg c htkgpf, ujg nkxgu ykvj jgt itcpfrctgpvu cpf jgt nkvvng dtqvjgtu cpf ukuvgtu, cpf vjg{øtg nkmg \pm xg cpf wpfgt. Apf jgt itcpfoc ecpøv vcmg ectg qh cm qh vjgo. Uq, ujg jcu vq iq qwv cpf \pm pf c yc{ vq igv hqqf hqt cm qh vjgo, vqq.

Coping Strategies

Vggpu gornq{gf ocp{ etgcvkxg uvtcvgikgu vq fgcn ykvj qt rtgxgpv jwpigt, yjkej uqogvkogu tguwnvu kp uqekcnn{ wpceegrvcdng dgjcxkqtu uwej cu uvgcnkpi. Vjg oquv eqooqp uvtcvgi{ ycu vq vwtp vq vjgkt eqoowpkv{. Cqoowpkv{ kpenwfgf ejwtejgu, pgki jdqtu, htkgpfu, cpf eqoowpkv{ egpvgtu, uwej cu vjgkt chvgt-uejqqn cpf uwoogt rtqitcoukvgu. Uqog vggpu iqv lqdu vq rtqxkfg hqt vjgougnxgu qt vq jgnr vjgkt hcoknkgu, cpf

uqog rctvkekrcvg kp knngicn cevkxkvkgu. Uvgcnkpi hqqf, cu ygnn cu qvjgt pgeguukvkgu uwej cu uejqqn uwrrnkgu, ycu c eqooqp cpf lwuvkŁgf eqrkpi ogejcpkuo. Ugnnkpi ftwiu cpf õugnnkpi vjgougnxguö ygtg qvjgt knngicn cevkxkvkgu ogpvkqpgf, cnvjqwij vjg vggpu fkf pqv gncdqtcvg qp yjcv vjg{ ogcpv d{ õugnnkpi vjgougnxgu.ö Qpg gzcorng ecog htqo c vggp fguetkdkpi c encuuocvg:

Vjku iktn, ujg eqwnfpøv igv hqqf uq rgqrng yqwnf, nkmg, rkem qp jgt. Apf vjgp qpg fc{, ujg ec og vq uejqqn cpf ujg jcf jgt dcemrcem. Av vjg gpf qh vjg fc{, vjg vgcejgt eqwnfpøv Łpf vjg kRcf uq vjg{ ygtg iqkpi vjtqwij cpf ejgemkpi gxgt{qpgøu dcemrcem, cpf vjgp vjg vgcejgt fwo rgf qwv jgt dcemrcem cpf ujg jcf, nkmg, ecppgf hqqfu cpf gxgt{vjkpi hcm qpvq vjg łqqt cpf uvwhh dgecwug ujg jcf vq uvgcn kv htq o vjg uvqtg.

 $Tgn\{kpi\ qp\ ejgcr\ cpf\ eqpxgpkgpv\ hqqf\ kvg\ o\ u\ uwej\ cu\ hqqf,\ upcem\ hqqfu,\ cpf\ ecpf\{\ ycu\ cpqvjgt\ yc\{\ vggpu\ fgcnv\ ykvj\ jwpigt.\ Vjg\{\ gzrnckpgf\ vjcv\ vjgug\ hqqfu\ ygtg\ oqtg\ chhqtfcdng\ vjcp\ c\ hwnn\ ogcn\ cv\ uejqqn\ qt\ jgcnvj\{\ hqqf\ qrvkqpu\ (g.i.,c\ OeDqpcnføu\ jc\ o\ dwtigt\ equvu\ nguu\ vjcp\ c\ ucncf;\ umkvvngu\ qpn\{\ equv\ $0.75\ eq\ o\ rctgf\ vq\ vjg\ $3\ uejqqn\ nwpej).$

Ncuvn{, vggpu tgnkgf qp jgnr htq o vjgkt vgcejgtu. Vjg{ rqukvkxgn{ fkuewuugf vgcejgtu yjq yqwnf rtqxkfg upcemu qt nwpej hqqf vq vjqug yjq ygtg jwpit{ qt fkf pqv jcxg oqpg{ hqt vjg uejqqn nwpej. Vjg{ gzrnckpgf vjcv uq og vgcejgtu yqwnf ngv vjgo wvknk|g vjg uejqqn hqqf cuukuvcpeg rtqitcou oqtg vjcp cnnqygf kh pggfgf. Ip cffkvkqp, vggpu ygtg crrtgekcvkxg qh vgcejgtu vjcv cnnqygf vjgo vq gcv kp vjg encuutqqo, cu vjku icxg vjgo oqtg qrrqtvwpkv{ vq gcv fwtkpi vjg fc{.

Teens' Ideas for Solutions

Vggpu ygtg cumgf vq tgeq o ogpf uqnwvkqpu hqt vggp hqqf kpugewtkv{ kp vjgkt eqo owpkvkgu fwtkpi hqewu itqwr fkuewukqpu cpf ykvj vjgkt rjqvqxqkeg rjqvqu. Vjg oquv eqo oqp tgeqo ogpfcvkqp ycu vq kortqxg vjg swcnkv{ qh hqqf ugtxgf cv uejqqn cpf ykvjkp eqo owpkv{ hqqf cuukuvcpeg rtqitcou, cu ygnn cu kpetgcug vjg swcpkv{ qh ugtxkpiu. Uk oknctn{, vggpu hgnv vjcv kh rtqitcou cpf uejqqnu yqwnf eqpukfgt vjgkt rtghgt-

Ncuvn{, vggpu hgnv vjcv uqekcn uwrrqtv itqwru cpf ogpvqtujkru eqwnf jgnr uvtgpivjgp eqo owpkv{ cpf uqekcn pgvyqtmu cpf dwknf eqpŁfgpeg coqpi vggpu. Ip cffkvkqp, oqtg nqecn hqqf cpf kpeqog cuukuvcpeg vq hcoknkgu cpf rctgpvu ygtg ogpvkqpgf cu cujqtv-vgt o uqnwvkqp hqt jqwugjqnfu kp pggf.

Discussion

School Food and Prioritization of Teen Needs

Ftgg hqqf cv uejqqnu oc{ dg uqog qh vjg qpn{ htgg hqqf koogfkcvgn{ ceeguukdng vq vggpu ukpeg oquv hqqf cuukuvcpeg rtqitcou ctg pqv vctigvgf vq vjgo (Ujvcugn-Gqvvnkgd gv cn. 2015). Dgurkvg vjg korqtvcpeg qh uejqqn hqqf vq vjg vggp fkgv, ocp{ qh vjg rctvkekrcpvu kp vjku rtqlgev ygtg uggmkpi cnvgtpcvkxg uvcc

tge - O

Vjg rtgugpeg qh eqorgvkvkxg hqqfu kp uejqqnu ku c eqpvtqxgtukcn vqrke kp uvwfkgu qh uejqqn pwvtkvkqp (Vgorngvqp, Octngwg, cpf Rcpg o cpi cnqtg 2005). Aeeguu vq eq o rgvkvkxg hqqfu ku qpn { cxckncdng vq vjqug vggpu vjcv jcxg vjg geqpq o ke tguqwtegu cv vjgkt fkurquen. Y jev vjku o gepu, kp vjg jkgtetejkecn ncpfuecrg qh jki j uejqqnu cpf okffng uejqqnu, ku vjcv ceeguu vq eq o r gvkvkxg hqqfu dgeq o gu cp geqpq o ke fkxkfkpi nkpg dgvyggp ecvgiqtkgu qh uvwfgpvu (Bjcvkc, Jqpgu, cpf Tgkemgt 2011; Oktvejgxc cpf Rqygm 2009; Rqrrgpfkgem 2010; Uvgkp 2008). Iv jcu dggp ctiwgf vjcv vjg uvki oc tgncvgf vq hqqf ceeguu kp jkij uejqqnu yknn pgxgt eqorngvgn{ fkucrrgct wpvkn eqorgvkvkxg hqqfuctg gnkokpcvgfqtocfghtgghqtvjgyjqng uvwfgpv dqf{ (Rqrrgpfkgem 2010). Hqygxgt, vjg geqpqoke dgpgŁv qh eqorgvkvkxg hqqfu hqt vjg uejqqn u{uvgo ocmgu vjgkt gnk o kpcvkqp wpnkmgn{. Oquv uejqqnu ecppqv chhqtf vq qpn{ qhhgt uejqqn nwpej.

Vjg oquv rqrwnct hqqf uwrrqtv ugtxkegu kp uejqqnu ygtg vjqug vjcv ygtg pqv xkukdng vq qvjgt uvwfgpvu. Vjku kpenwfgf wukpi c uykrg ectf cpf rkp vq rwtejcug hqqf dgecwug cm uvwfgpvu ceeguugf hqqf vjg uc o g yc{ ykvjqwv c engct kpfkecvkqp qh y jq y cu i gwkpi htgg qt tgfwegf nwpej. Xgpfkpi o cejkpgu y gtg cnuq c rqrwnct qrvkqp hqt cxqkfkpi uvki o c dgecwug gzvtc hqqfu eqwnf dg rwtejcugf swkemn{ cpf vjgp ucxgf kp c dcemrcem vq dg gcvgp ncvgt. Hqygxgt, vjg oquv rqrwnct uwrrqtv qrvkqpu y gtg vgce j gt-ngf cpf qeewttgf kp v j g encuutqq o . Ocp{ uvwfgpvu dtqwijv wr gzcorngu qh vgcejgtu yjq jcf uwrrnkgf hqqf vq vjg yjqng encuutqq o qt jcf c upcem dqz cxckncdng hqt cp{ uvwfgpvu yjq pggfgf c upcem. Vjg encuutqq o gpxktqpogpv ycu nguu gzrqugf, cpf vjgtghqtg, rwv c uvwfgpv cv nguu tkum hqt uvki oc. Ip cffkvkqp, uvwfgpvu uggogf vq tgurgev cpf vtwuv vjgkt vgcejgtu oqtg vjcp uejqqn cfokpkuvtcvkqp. Vjwu, yg tgeqoogpf vjcv uejqqn hqqf ugewtkv{ kpkvkcvkxgu, qwvukfg qh vjg pcvkqpcn uejqqn nwpej rtqitco, dg oqxgf vq kpfkxkfwcn encuutqqou y jgtg vjg ugvvkpi ku oqtg kpvk ocvg cpf vtwuvhwn.

Autonomy and Choice

Vggpu oc{ dg vjg gzrgtvu qp vjgkt qyp nkxgu, dwv vjg{ fq pqv cnyc{ujcxg o wej eqpvtqn qxgt vjgkt hqqf tguqwtegu (Bcuugw, Cjcr ocp, cpf Bgcicp 2008). Ip vjg uej qqn gpxktqp o gpv, vjg ej qkegu qh cxckncdknkv{, swcnkv{, cpf swcpvkv{ ctg ocfg hqt vjgo d{ uejqqn cf okpkuvtcvqtu. Ip vjgkt jq o gu, rctgpvu ctg qhvgpencuux pv g = ci = cv

q Ip c° p = zqo

o quv hcxqtgf hqqfu ygtg kpenwfgf qp nqecn uejqqn o gpwu. Ip cf fkvkqp, vjg nqecn hqqf ugtxkegu fgrctv o gpv ngv gcej jkij uejqqn fgukip vjgkt qyp jcodwtigt, yjkej crrgctu qp vjg uejqqn nwpej ogpwu eqwpv{-ykfg hqt qpg yggm qwv qh vjg uejqqn {gct. Fwvwtg kpkvkcvkxgu cpf iqcnu yknn kpenwfg eqppgevkpi vggpu cv uejqqn vq hqt o õejc o rkqp itqwruö vjcv yknn cev cu c ogfkcvqt dgvyggp vjg uejqqn dqf{ cpf vjg hqqf cpf pwvtkvkqp ocpcigt cpf dg kpenwfgf kp hqqf rncppkpi, kuuwg tgeqipkvkqp, cpf korngogpvkpi hqqf ugewtkv{ cpf pwvtkvkqp rtqitcou. Cjcorkqp itqwru ykm enuq dtkpi cyctgpguu qh hqqf kpugewtkv{ cpf yqtm vq uvqr dwnn{kpi cpf uvkioc kp vjgkt uejqqnu. Qvjgt hwwwtg kpkvkcvkxgu kpenwfg uvwfgpv vqwtu qh uejqqn mkvejgpu, korngogpvkpi c {qwvj hcto cv c nqecn jkij uejqqn, oggvkpiu dgvyggp jkij uejqqn uvwfgpvu cpf vjg uwrgtkpvgpfgpv, cpf fgxgnqrogpv qh c {qwvj eqwpekn cv vjg Jwxgpkng Ygnhctg Bqctf. Vjg nqecn Jwxgpkng Ygnhctg Bqctf jcu cffgf c ugevkqp qp vggp hqqf kpugewtkv{ vq vjgkt Cjknfjqqf Hwpigt Ipkvkevkxg Yqtmrncp cpf yknn rtqxkfg uwrrqtv hqt cnn vjg kpkvkcvkxgu ogpvkqpgf. Vjg yqtm rncp kpenwfgu kpetgcukpi hqqg ceguu rqkpvu vq Bq

H qf Jwx

Axkx, Dkcpc

2015 Btkpikpi Vggpu vq vjg Vcdng: A Fqewu qp Fqqf Ipugewtkv{ kp A o gtkec. Cjkeciq, IN: Fggfkpi A o gtkec.

Bcuugw, Tcgy {p, Gygp E. Cjcrocp, cpf Btgpfc N. Bgcicp 2008 Awvqpq o { cpf Cqpvtqn: Vjg Cq-Cqpuvtwevkqp qh Afqnguegpv Fqqf Cjqkeg. Arrgvkvg 50(2-3):325-332.

Bgtpctf, Twuugn kxg Fqqf OgDko C C
2011 Tigugcrej Ogvjqfreqfraprogramqi, Swcnkvcvkxg cpf
Swcpvkvcvk&g A Otqcejgu. Ncpjco, Ofpc.AnOOktc Rtguu.